

**SHARCIGA DHALLINYARO CAAFIMAAD QABO EE KAALIFORNIYA (THE CALIFORNIA HEALTHY YOUTH ACT) – SHARCIGA  
WAX BARASHADA §§ 51930 - 51939 WACYI-GALIN DHAMMAYSTIRAN OO KU SAABSAN CAAFIMAADKA ISU-TAGA IYO  
KA HORTAGA HIV**

Waalidka/Qofka Mas'uulka Ka Ah Ardayga Ee Qaaliga Ah:

Sharciga gobolka Kaaliforniya, Sharciga Dhallinyaro Caafimaad Qabo Ee Kaaliforniya, ayaa u baahan in ardayda loo soo bandhigo wacyi-galin dhammystiran oo ku saabsan caafimaadka isu-taga iyo ka hortaga HIV ugu yaraan hal mar marki ay u jiraan dugsiga dhexe iyo hal mar marki ay ku jiraan dugsiga sare, waxaana loo bilaabaa fasalka 7'baad gudahiisa. Sidoo kale waxay degmadaha dugsiyaasha usoo bandhigi karaan ardayda wacyi-galin dhammystiran oo ku saabsan caafimaadka isu-taga iyo ka hortaga HIV xili ka horeeyo fasalka 7'baad waana in waxa loo dhigaayo uu ku haboonaado da'dooda iyo uu yahay maclumaad sax ah xaga caafimaadka wuxuuna ku saabsanaan karaa mid kasta oo ka mid ah mawduucyada guud. Iyadoo ilaolineyo shuruudahaan iyo xeerarkaan, Degmada Dugsiga Midaysan Ee San Diyeego ayaa fasalada 6, 8, iyo dugsiga sare gudahood kasoo bandhigto wacyi-galinta dhammystiran ee ku saabsan caafimaadka isu-taga. Sharciga Dhallinyaro Caafimaad Qabo Ee Kaaliforniya (California Healthy Youth Act), Sharciga Wax Barashada Kaaliforniya (CA Education Code) ee u dhigma, iyo khayraad kale oo wax barashada ayaa laga heli karaa websaytka Barnaamijka Wacyi-galinta Caafimaadka Isu-taga (Sexual Health Education Program) oo laga heli karo: [www.sandiegounified.org/SHEP](http://sandiegounified.org/SHEP).

Agabka wax -barashada waxaa laga yaabaa in lagu hor -mariyo mareegaha manhajka SHEP:

[http://sandiegounified.ss18.sharpschool.com/departments/sexual\\_health\\_education/rights\\_respect\\_responsibility\\_3rs\\_curriculum](http://sandiegounified.ss18.sharpschool.com/departments/sexual_health_education/rights_respect_responsibility_3rs_curriculum)

Fadlan ogoow inay waalidiinta ama dadka masuulka ka ah ardayda ka reebi karaan cunugooda caafimaadka isu-taga oo la dhigaayo (sexual health instruction) sannad dugsiyeedkaan, waxay u baahan yihiin inay cunugooda macalinkiisa u keenaan fariin elegtaroonig ah ama warqad ku qoran oona ku qoran luuqada ay rabaan. Waxaa la rabaa inay warqada ku qornaato inay cunugooda ka reebayaan waxa la dhigaayo, iyo uu ku qornaado cunugooda magaciisa, iyo uu soo saaro ama soo saxiixo waalidka ama qofka masuulka ka ah ardayga. Looma baahno in fariintaan lagu sheego wax sabab ah.

Wuxuu gobolka Kaaliforniya u baahan yahay inuu waxaan loo dhigaayo ardayda noqdo mid ay u dhan yihiin dhamman ardayda, ku dhiiri-gelinaayo ardayda inay waalidiintooda ama dadka mas'uulka ka ah kala hadlaan dareenka isu-taga aadanaha, iyo inuu usoo bandhigo ardayda aqoonta iyo xirfadaha ay ugu baahan yihiin inay ku dhistaan dabeeecadaha caafimaadka leh oo la xiriira koritaanka iyo horumarka dhalinyarada. Sidaa darteed, waa khasab in manhajka lagu daro mawduucyada soo socdo, weyna ku jiraan:

- Maclumaad ku saabsan HIV iyo jeermisyada kale ee la isugu gudbiyo isu-taga (sexually transmitted infections [STIs]), oo ka mid ah gudbinta, hababka looga hortago HIV iyo STIs, iyo daaweynta ay ogoshahay FDA
- Maclumaad sheegaayo in ka joogitaanka uu qofka ka joogaayo isu-taga uu yahay habka keliya oo la hubo oo looga hortagi karo uurka aan la rabin, HIV, iyo STIs kale, iyo maclumaad ku saabsan qiimaha ay leedahay dib u dhigitaanka hawlaho isu-taga
- Wada hadal ku saabsan siday bulshada u aragto HIV iyo AIDS
- Maclumaad ku saabsan jinsiga, jiheynta jinsiga, iyo dhibaatada ay leeyihiiin fikradaha xun ee laga aaminsan yahay jinsiga
- Maclumaad ku saabsan xiriirka caafimaadka leh iyo xirfadaha la isaga ilaaliyo dhaqanka iyo xaaladaha caafimaad darrada ah

Waxaa intaas dheer, waa khasab in waxa looga dhigaayo fasalka 8'daad iyo dugsiga sare uu ku jiro, wuuna ku jiraa:

- Maclumaad ku saabsan helitaanka khayraadka loogu talagalay daryeelka caafimaadka isu-taga iyo taranka
- Maclumaad ku saabsan uurka, oo ka mid ah hababka looga hortagi karo ay ogoshahay FDA iyo fursadaha uurka

Waxaa wax dhigi doono macalimiinta galaaska ee degmada dugsiga ama kuwa wax dhigo ee ka socdo wakaalad caafimaad oo lagu tababaray manhajka. Waxaa laga yaabaa inay wakaaladahaan caafimaadka ku jiraan Family Health Centers of San Diego, Operation Samahan, Planned Parenthood, iyo San Ysidro Health Center. Waxbaridda waxaa la bari doonaa Janaayo 8-19 (ardayda fasalka 6aad ee leh semester 1), ama Maajo 23-Juun 6 (ardayda fasalka 6aad ee leh semesterka 2aad iyo 8aad ee Sayniska).

Si daacad ah,



Erik Sullivan, Principal